



compass  
**ROAM**

## Sample Itinerary: 8 Days in Kauai, Hawaii

*Here's the Plan:*

<b>DAY 1</b>	<ul style="list-style-type: none"><li>* <b>SLEEP:</b> <u>Grand Hyatt Kauai</u>- 4 nights</li><li>* <b>GET AROUND:</b> Rent a car at the airport when you land.</li><li>* <b>EAT:</b> <u>Tidepools</u> (at Grand Hyatt)</li><li>* <b>MUST DO:</b> Explore the hotel and relax. It's been a long journey!</li></ul>
<b>DAY 2</b>	<ul style="list-style-type: none"><li>* <b>EAT:</b> Breakfast buffet at the Grand Hyatt, and <u>Red Salt</u> for dinner.</li><li>* <b>MUST DO:</b> Enjoy the beach and pool at the hotel. Book an afternoon excursion with <u>Jack Harter helicopters</u>.</li></ul>
<b>DAY 3</b>	<ul style="list-style-type: none"><li>* <b>EAT:</b> <u>Jojo's Shaved Ice</u> for a post hike refreshing treat.</li><li>* <b>MUST DO:</b> Day of hiking and exploring <u>Waimea Canyon (Pacific Grand Canyon)</u>.</li></ul>
<b>DAY 4</b>	<ul style="list-style-type: none"><li>* <b>EAT:</b> Dinner served on boat tour.</li><li>* <b>MUST DO:</b> Relax at the pool in the morning, and boat tour with <u>Captain Andy's</u> in the afternoon.</li></ul>
<b>DAY 5</b>	<ul style="list-style-type: none"><li>* <b>SLEEP:</b> <u>HomeAway Rental</u> - 4 nights</li><li>* <b>EAT:</b> <u>The Dolphin Restaurant</u></li><li>* <b>MUST DO:</b> Road trip to the North Shore. Stop to see Wailua Falls, Secret Beach, Anini Beach, and Queen's bath.</li></ul>
<b>DAY 6</b>	<ul style="list-style-type: none"><li>* <b>EAT:</b> <u>Hanalei Bread Company</u></li><li>* <b>MUST DO:</b> Explore Hanalei Bay and spend the afternoon relaxing on Tunnels Beach</li></ul>

## DAY 7

\* **EAT:** Tropical Taco (it's a great stop as a post-hike dinner).

\* **MUST DO:** Nepali Coast hike (Kalalau Trail) — it's an all day event. Make sure to head to Hanakapi'ai Falls and pack a swimsuit, food, and plenty of water.

## DAY 8

\* **EAT:** Bar Acuda

\* **MUST DO:** Last day to relax - spend the day at Puu Poa beach, taking it easy.

### Trip Highlights:

- **Favorite activity:** Jack Harter Helicopter tour
- **Favorite restaurants:** The Dolphin, Hanalei Bread Company
- **Make sure you don't miss:** Hiking the Kalalau Trail (along the Nepali Coast)

For more details, and maps, visit:  
[www.compassroam/destination/kauai/](http://www.compassroam/destination/kauai/)

### This itinerary is great for:

- Honeymooners
- Adventure seekers
- Beach lovers

### On a future trip, I'd like to:

- Go kayaking through Waimea River State Park
- Go whale and dolphin watching
- Explore Nepali Coast by sea, using a north shore based boat tour

### Bringing little humans?

- Make sure to visit some kid friendly beaches like Puu Poa, Tunnels, and Anini