



compass
ROAM

Sample Itinerary: 1 week in Watch Hill / Westerly, RI

Here's the Plan:

DAY 1 *Arrival Day	<p>*SLEEP: <u>Ocean House</u> or <u>Watch Hill Inn</u> (sister properties next door)</p> <p>*EAT: <u>Verandah Raw Bar</u> for dinner after arrival/check in.</p> <p>*CHECK OUT: Explore the grounds at the Ocean House hotel.</p>
DAY 2	<p>*EAT: <u>The Bistro</u> (breakfast), <u>Dune Cottage</u> (lunch), <u>Olympic Tea Room</u> (dinner), <u>St. Clair Annex</u> for ice cream</p> <p>*CHECK OUT: East Beach (at Ocean House) in the morning, and explore Watch Hill Village in the afternoon. Take the kids to ride the Flying Horse Carousel. Watch a sunset over Little Narragansett Bay.</p>
DAY 3	<p>*EAT: <u>Sift Bakery</u> (take away breakfast), <u>10 Sandwiches</u> (lunch)</p> <p>*CHECK OUT: Morning walk along Napatree Point Conservation Area. Then, head over to Manfredi farms to feed the animals. In the afternoon, head back to East Beach for an afternoon of relaxation in the sun.</p>
DAY 4	<p>*EAT: <u>The Restaurant</u> (breakfast), Bathhouse or <u>pool menu</u> (lunch) and <u>SeaRoom</u> (dinner)</p> <p>*CHECK OUT: Today is all about exploring <u>Weekapaug Inn</u> — the sister hotel of Ocean House/Watch Hill Inn. Spend the morning at the private Weekapaug Beach. In the afternoon hang by the pool. Ride the <u>Quonnie Queen</u> (reservations needed) before dinner.</p>
DAY 5	<p>*EAT: Bistro or Sift Bakery (breakfast), <u>Mooring Restaurant</u> (dinner)</p> <p>*CHECK OUT: Walk to the Watch Hill lighthouse in the morning, and head to Newport, RI in the afternoon to explore the historic downtown (Note: Newport can be done as an entire day day-trip if you prefer).</p>

DAY 6

***EAT:** Cooked Goose (breakfast), Dunes Cottage (lunch), Ella's Food + Drink or COAST for a date night.

***CHECK OUT:** Today is down-time day! Enjoy another relaxing beach day at the hotel (some other options include Misquamicut State Beach or Watch Hill Beach). Finish any shopping in town.

DAY 7

***EAT:** Bravo Bravo (lunch) in Mystic, CT.

***CHECK OUT:** On your way home (if going southbound), check out Mystic Aquarium with the kids, and explore downtown Mystic.

Trip Highlights:

- **Favorite activity:** Riding the Quonnie Queen around the Quonochontaug Pond.
- **Favorite restaurant:** SeaRoom
- **Favorite Beach:** East Beach and Weekapaug Inn Beach

Want to learn more? Check out the [Family Travel Guide to Watch Hill](#)

Where to stay?

- This itinerary is best if staying directly in Watch Hill - ideally at Ocean House or Watch Hill Inn.
- The sister property, Weekapaug Inn, is 10 min drive away and all of the activities in this itinerary can still be done!

This itinerary is great for:

- Those traveling with kids, especially younger ones and toddlers.
- Those looking for a leisurely vacation that's not go-go-go.

Leaving the kids at home? Here are some adult-friendly itinerary ideas:

- Book a couples massage at the award winning OH spa.
- Sign up for wine or cooking classes offered each week at the Ocean House.
- Check out the group fitness classes at the Ocean House.
- Reserve a special date night at Ella's or COAST.
- Enjoy a full day excursion to Newport, RI.

